



- Overview of University Career Services
- How can your Sophomore Student Prepare?
- What Can You Do to Support Your Sophomore Student?
- Q & A

University Career Services Mission

University Career Services
www.usc.edu

Learn | Know | Inspire

- We prepare and connect career-ready students for post-graduate success



- University Career Services Model
- What should I do after graduation?
Career Counseling (Explore Majors/Careers)
- How do I get there?
Industry Advising (Strategize Job Search)
- Made it! Now what?
Professional Development (Succeed)

FIRST YEAR

- Explore HireMason & create your profile 
- Join a student organization 
- Consider externships /job shadowing 
- Explore potential majors and careers 
- Identify resources for academic support 
- Meet with an academic advisor 

SOPHOMORE YEAR

- Declare (or affirm) your major 
- Identify resources for academic support 
- Explore potential majors and careers 
- Consider externships /job shadowing 
- Find an on-campus job or internship 
- Begin to build your professional network 

JUNIOR YEAR

- Seek leadership opportunities 
- Meet with Career Services 
- Attend a career fair 
- Explore study abroad opportunities 
- Apply for internships 
- Update your academic plan 
- Explore undergraduate research opportunities 

SENIOR YEAR

- Visit Career Services 
- Apply for jobs/graduate programs 
- Complete a graduation check with an advisor 
- Apply for graduation on Patriot Web 

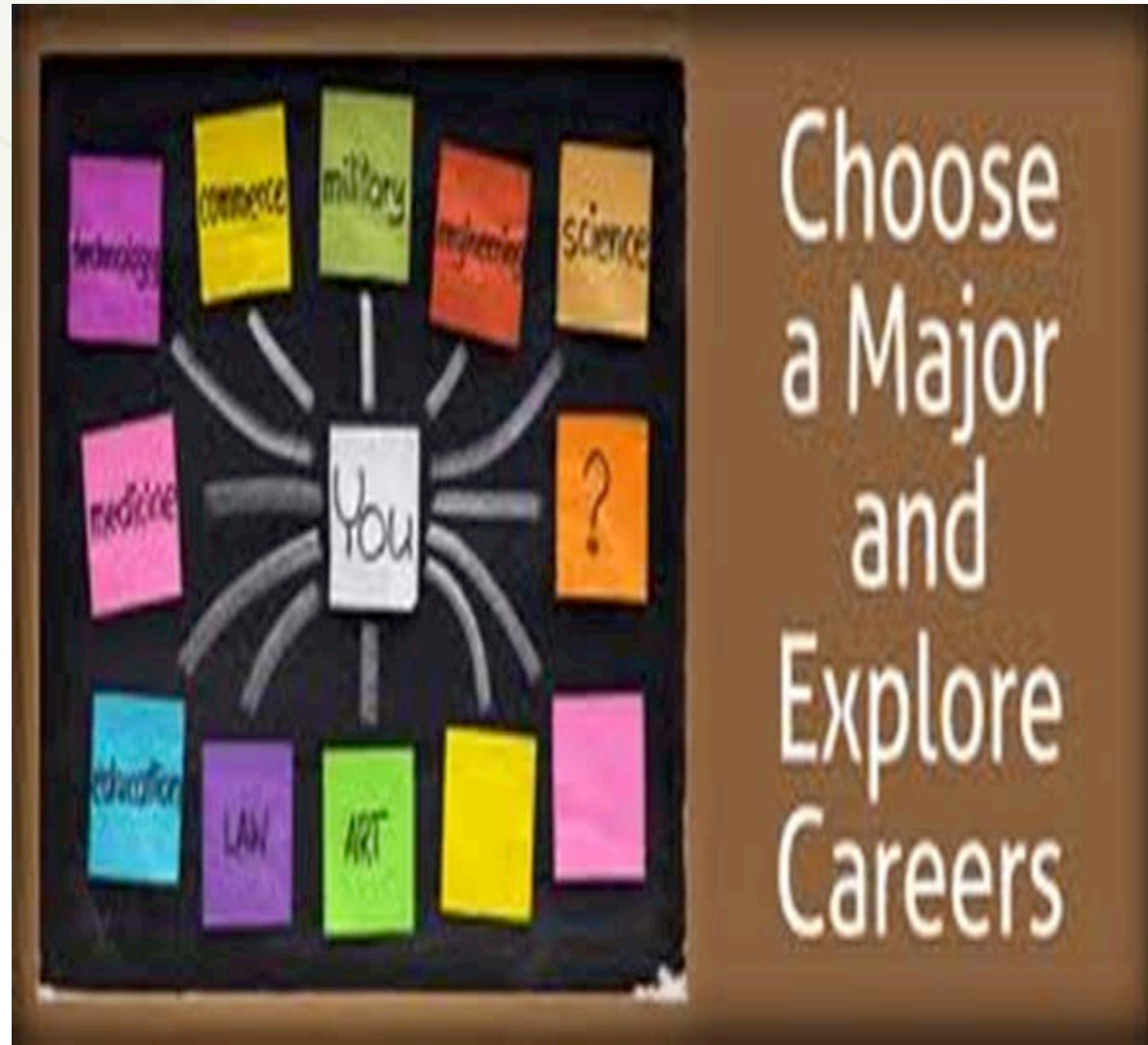
GRADUATE

- Join Career Link
- Stay Involved through
- Apply learning to career/
- Complete Exit and

Icon Key

-  Online/Patriot Web
-  University Life
-  Academic Affairs
-  University Career Services*

Major and Career Exploration



Meet with your Industry Advisor

Learn how to meet with your Industry Advisor



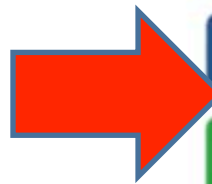
UNIV 220 is designed for Sophomores!

George Mason University Career Services
www.gmu.edu/career

Phone: 703.991.1234 | Fax: 703.991.1235

Register for Career Courses!

Mason accredited career courses can help you decide on the right major, prepare for jobs and internships, and even prepare for graduate school.



UNIV 220: Decide / Confirm Major



UNIV 320: Internship / Career Readiness



UNIV 420: College to Career



UNIV 421: College to Graduate School

Get course details at www.gmu.edu/student/career

HireMason



University Career Services

Knowledge Is Power

HUNGRY FOR GREEN?

HireMason

Jobs for Mason students

50+ jobs added daily! | On-campus, Off-campus, Part time, Full time,
190 employers added in August, 2013! | Research, Internships, Work study

hiremason.gmu.edu

University Career Services | @MasonCareer | (703) 993-2370
 MasonCareer | careers.gmu.edu
 SUW 1, office 3400

- Sophomore Students
- Meet with career counselor to explore/confirm student's major (October, March)
- Meet with an industry advisor if considering an internship
- Submit applications to internships (October-April, depending on industry of interest)
- Register for UNIV 220 for Spring semester (November)

- Find an on campus job (September-Mar)
Check HireMason, Visit the Campus Office
- Consider an externship or job shadowing
(anytime)
Check Networking tab, HireMason

<http://careers.gmu.edu/events/>

Role of Parents: Don'ts



- Fill out or send in internship applications
- Write their resume or cover letters
- Contact an employer
- Accompany your student on interviews
- Share outdated information

Role of Parents: Do's

- Point out your student's skills and natural talents
- Encourage your student to get involved on or off campus; join a student organization.
- Encourage them to talk to faculty
- Teach your student a professional demeanor
- Facilitate introductions to your contacts
- Encourage your student to attend career events on campus
- Buy your student a suit and accessories

For more information

The screenshot shows a web browser window displaying the George Mason University Career Services website. The browser's address bar shows the URL `careers.gmu.edu/family/`. The page features the George Mason University logo on the left, which includes the text "GEORGE MASON UNIVERSITY" and the tagline "WHERE INNOVATION IS TRADITION". To the right of the logo is the heading "University Career Services". Below this heading are two buttons: "HireMason" and "Career Resources". A navigation menu at the top includes links for "STUDENTS", "EMPLOYERS", "FACULTY", "ALUMNI", "FAMILIES", and "ABOUT US", along with a search bar. The main content area is titled "Families" and includes a paragraph about the University Career Services (UCS) and a list of services. A large green arrow points from the "FAMILIES" navigation link to the "Families" heading. On the right side, there is a section titled "Career Strategies for Your Student" with a photo of a graduate and a section titled "Encourage your student to..." with a list of recommendations. The Windows taskbar at the bottom shows various application icons and the system clock indicating 11:30 PM on 9/1/2014.

careers.gmu.edu/family/

GEORGE MASON UNIVERSITY
WHERE INNOVATION IS TRADITION

University Career Services

HireMason
Career Resources

STUDENTS EMPLOYERS FACULTY ALUMNI **FAMILIES** ABOUT US

University Career Services > Families

Families


University Career Services (UCS) assists students and alumni of George Mason University in their approach to career development is educational. We do not "place" students in positions. We teach them in the fundamentals of how to begin and advance their careers. Through seminars, events and online resources we provide students with the tools needed to identify their interests, conduct a job search, interview, negotiate salary, etc. In the ever-changing job market, these are essential skills for professional success.

Services

- Assessments to help students determine their career based on their personality, skills, interests and values
- Print and online resources for job research
- Job and internship opportunities (HireMason)
- Resume and cover letter reviews
- Practice interviews
- Career fairs, On-Campus Interviewing Program and other networking events to connect with employers

Resources

Career Strategies for Your Student



Encourage your student to...

- Visit UCS early and often
- Develop marketable skills like computer, quantitative, foreign language, leadership and writing skills

11:30 PM
9/1/2014

- We are here for your student!



SUB 1 Room 3400

careers.gmu.edu

703-993-2370